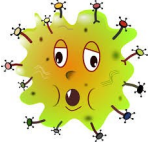


# Health And Safety Programs

## Children Ages 3 – Third Grade

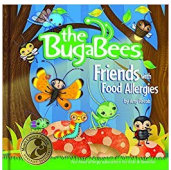
These fun and educational programs are held at your facility, at no cost, and are approximately 20-30 minutes in length.

For more information, please contact us at 636-949-7400. Jennifer Hall at ext.7389 or Stacie Tuffentsamer at ext.6252



**Germs Are NOT For Sharing:** This program teaches children the importance of hand washing. It includes a hand washing demonstration with magic germ powder and a black light. It is informative and fun for all!

**Spike's Poison Prevention:** A children's program that teaches the dangers of unknown items around the home with Spike The Porcupine.



**Friends With Food Allergies:** In this program children learn about common food allergies and how to be a good friend to those who have a food allergy through a story about a few bug friends with food allergies.

**Bucklebear:** In this program children learn the importance of being buckled up through a story. We offer car seat checks to parents who are interested.



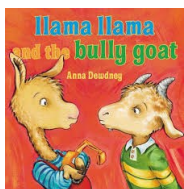
**The Organwise Guys:** In this series there are two programs we offer:



The first one children learn about their bones and how to keep their bones healthy.

The second one is about the major organs in our bodies. We discuss how to keep them healthy. At the end of the presentation each child is able to listen to their heart and lungs.

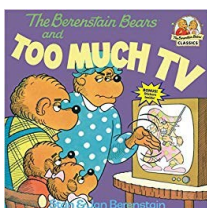
**Jack and the Hungry Giant:** Children learn what it means to eat healthy through a story and participate in choosing healthy food options.



**The Bully Goat:** Children learn what to do if they or someone else is being bullied through a story and participation activity.

**Potter The Otter:** In this series there are two different programs that we offer:

The first is **Potter Potter the Healthy Otter**. In this program children learn the importance of physical activity. The second program is **Potter the Otter visits the Dentist**. In this program children will learn how to care for their teeth and the importance of visiting the Dentist.



**Too Much TV:** In this program children learn through a story about why they should limit screen time. We also discuss fun activities to do instead.

**Freddie the Flu Fighter!:** This program teaches children how they feel when they have the flu and how to get better. We also talk about how to prevent getting and giving others the flu.

