

FOR IMMEDIATE RELEASE:

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ALL-INCLUSIVE DAY OF FUN PLANNED FOR LADIES 12 AND UP AT BROEMMELSIK PARK SEPT. 13

ST. CHARLES COUNTY, MO – Calling all ladies ages 12 and older! The St. Charles County Parks and Recreation Department is hosting an exclusive “girls day out” event that you won’t want to miss! “Ladies in the Park” is from 9 a.m. to 3 p.m., Sunday, Sept. 13, at Broemmelsiek Park, 1795 Highway DD in Defiance.

Led by Ranger Abigail Chambers and Ranger Ashley Maue, this first-time event in the park is packed with a variety of outdoor activities, including:

- archery
- stand-up paddleboarding on the 13-acre lake
- hiking along the 11 miles of natural and paved trails
- Dutch-oven cooking over a campfire
- nature journaling



In between all the action, participants will gather at Shelter #7 in the park to take a break for brunch. Guests are welcome to bring their own snacks.

This girls-only event is perfect for mothers and daughters, sisters, friends, individuals, Girl Scouts and other organizations. The cost is \$15 per person. Space is limited and pre-registration is required. To make a reservation, call the Parks Department at 636-949-7535 or visit <https://bit.ly/LadiesInThePark>.

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About St. Charles County Parks & Recreation

The St. Charles County Parks & Recreation Department was created in 1997 after voters approved a local use tax with the sole purpose of park land acquisition, development, operations and maintenance. The department’s mission is to preserve natural and historic features in areas throughout the county for the use of future generations. Today, the department operates 16 parks that total 3,645 acres of acquired park land. From historic homesteads to a youth skate park; from camping, hiking, biking, and fishing to weddings and educational classrooms, there’s something for everyone in St. Charles County Parks.



NEWS RELEASE

For more information and specifics about each park, amenities, trails, and more, visit stccparks.org.