

FOR IMMEDIATE RELEASE:

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Contact: Nancy Lee Gomer, Marketing Coordinator, 636-949-7535, or 636-795-1137, ngomer@sccmo.org

EXPLORE ST. CHARLES COUNTY PARKS AFTER HOURS AT MOUNTAIN BIKE NIGHT RIDES

ST. CHARLES COUNTY, MO – If it's Friday night—grab your bike, a light and let's hit the trails tonight! Join St. Louis Area Mountain Bikers (SLAMB) and Gateway Off-Road Cyclist (GORC) for a new season of night rides in a St. Charles County park each month. These challenging rides are free, open to experienced cyclists, and offer an opportunity to ride the area's most popular bike trails after hours.



Led by volunteers from SLAMB and GORC, the guided-rides through the park begin on April 20 and run through Dec. 28, 2018. Each ride typically lasts three hours; however, the length of the ride is dependent on the environment and trail conditions, number of riders, ability levels, and number of volunteer leaders. The rides begin at the trailhead of each park and signage is posted along the road to direct participants to the starting location. Riders must wear helmets and have a 600 lumen light to participate. Children under 18 years of age must be accompanied by an adult.

Upcoming rides are scheduled as following:

- April 20, 8–11 p.m. at Broemmelsiek Park, 1795 Highway DD, Defiance
- May 4, 8–11 p.m. at Matson Hill Park, 670 Matson Hill Road, Defiance
- May 18, 8–11 p.m. at Indian Camp Creek Park, 2679 Dietrich Road, Foristell
- June 1, 8–11 p.m. at Broemmelsiek Park
- June 15, 8–11 p.m. at Matson Hill Park
- June 29, 8–11 p.m. at Indian Camp Creek Park
- July 13, 8–11 p.m. at Broemmelsiek Park
- Aug. 3, 8–11 p.m. at Matson Hill Park
- Aug. 17, 8–11 p.m. at Indian Camp Creek Park
- Aug. 31, 8–11 p.m. at Broemmelsiek Park
- Sept. 14, 7:30–10:30 p.m. at Matson Hill Park
- Sept. 28, 7:30–10:30 p.m. at Indian Camp Creek Park
- Oct. 12, 6:30–9:30 p.m. at Broemmelsiek Park
- Oct. 26, 6:30–9:30 p.m. at Matson Hill Park
- Nov. 9, 6:30–9:30 p.m. at Indian Camp Creek Park
- Nov. 30, 6:30–9:30 p.m. at Broemmelsiek Park

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- Dec. 14, 6:30–9:30 p.m. at Bangert Island, 1704 South River Road, St. Charles
- Dec. 28, 6:30–9:30 p.m. at Bangert Island

Registration is not necessary, but encouraged. Those planning to participate should check the Rainout Line on the website, or call 636-707-0011, prior to the start time. Heavy rain, even days before the event, can make natural surface trails unusable. For more information, visit www.stccparks.org and click on the activity registration link.

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About St. Charles County Parks & Recreation

The St. Charles County Parks & Recreation Department offers unique parks, diverse facilities and a broad range of programs and special events for all ages. The County currently operates 12 parks, including a Youth Activity Park and The Historic Daniel Boone Home. Veterans Tribute Park, our newest park development between Pitman Hill and Kisker roads is expected to open in 2018.

For more information and specifics about each park, visit www.stccparks.org.

About St. Charles County

Founded in 1812, St. Charles County is one of the fastest growing counties in Missouri, and the state's third largest county in both population and economic share. St. Charles County consistently ranks one of the healthiest places to live in Missouri in the County Health Rankings report published by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. It is home to 12 scenic county parks encompassing more than 2,800 acres with additional land under development and more in reserve for future development.

With a population of 385,840, St. Charles County is home to large employers including Citi, MasterCard Worldwide, Boeing and General Motors. It is ranked among the top 25 counties in the nation in high-tech job growth by the Progressive Policy Institute and consistently has the lowest unemployment rate in the Metropolitan St. Louis area.

St. Charles County employs nearly 1,100 in more than 30 departments and offices, who work to make the county an excellent place to live, work and shop.

For more information, please visit www.sccmo.org.